

Create Positive Changes With Reiki

What is Reiki?

Reiki is the art of healing touch. It has been known to help relieve pain and stress, minimize recovery time from surgery or illness, speed emotional well-being, and complement conventional medical treatments from emergency surgery to psychotherapy. Reiki can be used on yourself and others. Reiki helps transform fear, negativity, and bad habits into qualities that empower our everyday lifestyles. Anyone can learn and benefit from Reiki.

Promotes Well-being!

Reiki is a journey to health and wholeness on many levels. It brings balance and helps clear up the mental confusion at the end of a busy day. It helps to unblock energy that keeps one from reaching one's goals. Reiki creates positive change.

How is Reiki taught?

In a Reiki I class, you learn what Reiki is, how it works, ethics in using Reiki, how to do it on yourself and others, how to do Reiki in groups. You have the opportunity to practice Reiki.

Next Reiki I Workshop!

June 11, 2011 1:00 pm to 6:30 pm. **CE Hours provided for massage therapists, social workers, acupuncturists.** Cost \$150.

To register, send a deposit of \$50 to:
Amanda Sachs
8580 Main Avenue
Pasadena, MD 21122

Direct questions to:
Amanda Sachs - (443) 956-8327
Linda Brent - (443) 725-3599

Visit the following websites for more information at
www.meditativeconcepts.com

About The Instructor:

Reiki Masters Linda Brent and Amanda Sachs are Holistic Health Educators and Practitioners. They have completed all levels of Usui and Karuna Reiki. They have over 15 years of combined experience in the field of energy work. Both are intuitive healers and together they offer all levels of Reiki training. Visit the following websites for more information at www.meditativeconcepts.com

Reiki I Class Registration:

Name _____

Address _____

City _____ State _____ Zipcode _____

Telephone _____ Email Address _____

Are you a massage therapist _____ social worker _____ acupuncturists _____

Check on www.meditativeconcepts.com/holistichealth_workshops.php to register online!

USUI REIKI II

Continue your Reiki training by taking the next step

In **Reiki II** you learn the Reiki Symbols and how to incorporate them into you healing session and into your life on all levels. Learn how to clear a room of negative energy, how to protect your energy field from being drained by others, learn how to do absentee healing so that you can send Reiki to family and friends that are not present. In Reiki II you received a level II attunement. It is a very healing and empowering experience for all!

Next Reiki II workshop:

Sunday June 12, 2011 9:30am - 3:00pm **CE Hours provided for massage therapists, social workers, acupuncturists.** Cost \$175.

To register, send a deposit of \$50 to:
Amanda Sachs
8580 Main Avenue
Pasadena, MD 21122

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Continuing Education Credits:

We have been approved by the National Certification Board of Therapeutic Massage and Bodyworkers and social workers a continuing education provider under Category A. CE Hours for Social Workers and Acupuncturists.

Reiki II Class Registration:

Name _____

Address _____

City _____ State _____ Zipcode _____

Telephone _____ Email Address _____

Are you a massage therapist _____ social worker _____ acupuncturists _____

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