

## **V-A-C-A-T-I-O-N.....**

### **Teacher Vacation Schedule Changes at Chesapeake Yoga & Wellness**

It's vacation season and our teachers are headed out to take a well-deserved rest. Please note the following class cancellations for each teacher:

**Sally Hastings will be away from the studio on the following dates, and these classes are cancelled:**

Sunday, July 17, Basic Flow;

Thursday, July 21, Core Flow

Friday, July 22, All Levels Flow & Ease into the Weekend

Saturday, July 23, All Levels Flow

Sunday, July 24, Basic Flow

**Sally's classes will resume at CYW on July 28!**

**Julie Phillips-Turner will be away from the studio on the following dates, and these classes are cancelled:**

Monday, August 1, All Levels Yoga

Tuesday, August 2, Beginner Basics; Restorative Yoga & Meditation

Wednesday, August 3, Sunrise Yoga; Power Yoga

Thursday, August 4, All Levels Yoga

**Julie's classes will resume at CYW on August 8!**

**Corrin Bennett will be away during the month of August** - her Tuesday evening class will end on Tuesday, July 26, and will resume in September.